**Suit Up - Ephesians 6:10-18**  3-19-25

**Introduction**: like a soldier “suiting up” for battle

**I. Finally (verse 10)**

A “final” thought

You are in a fight

-bargain or fight?

-playing with or fighting?

His power vs mine

Be armed - because he comes at you like a roaring lion

-he comes to kill/ steal/ and destroy (John 10:10)

**II. Whole Armor (verse 11)**

All these are already “provided” - so put on

“Able” - without which you are not able

“Wiles” - craftiness

Able to “stand” - withstand, under attack

**III. The Importance of the Armor (verse 12)**

We “wrestle”

-present tense - now

-not easy - it’s a struggle

Names:

-principalities

-powers

-rulers of the darkness of this world

-spiritual wickedness in high places

All these names are administrative leadership

**IV. Wherefore... (verse 13)**

So, because you “wrestle”

Take this armor to be “able” to stand

-twice the word “able” is used (verse 11, 13)

The idea is that without this armor you are not able to withstand

Withstand in the “evil day” - Satan’s attacks come and go

Stand or be tripped up

**V. Loins Girt (verse 14)**

“Loins” - small of the back

-seat of your back strength

Girded with “truth”

-vs Satan and the world’s lies

-he is, after all, a liar

Truth is your strength

**VI. Feet Shod (verse 15)**

Shoes of the Gospel

Feet are crucial in battle

-boxer’s “fancy footwork”

-feet of a baseball hitter

Our “footing” is the gospel

**VII. Shield of Faith (verse 16)**

Quenching fiery darts of doubt

Faith vs doubt

“Wicked” is sometimes translated “wicked one”

Picture is burning, or plaguing doubts

**VIII. Helmet of Salvation (verse 17)**

Be saved - be sure you’re saved to guard - mind safeguarded

Head is extremely vulnerable in their warfare

Sword of the Spirit - Word of God

Jesus defended Himself with the Word - said “it is written”

Note - Satan attacks us

-like a roaring lion

-like a serpent waiting to strike

**IX. Praying Always (verse 18)**

Prayer/ supplications - two types of prayer

“Watching unto” - with perseverance and supplication

Cover all the “equipment” with prayer - “all” used four times

-“always”

-“all” prayer

-with “all” supplication

-for “all” the saints

“Watching thereunto”

“Watch” and pray that you enter not into temptation